



ICAS CAP Crisis Assistance Program

Closes the gaps during
the coronavirus pandemic

CAP supports your organization and employees in a state of emergency by offering a self-help tool!

- > **CAP as a solution to the drawbacks of working from home**
Work still has to be done even in social isolation and despite the change in conditions. The CAP provides specific help for this individual internal and external transition process at all times by offering the exchange of experiences and practical solutions.
- > **CAP as a solution to the drawbacks of being on lockdown**
Access to experts in daily life is restricted but sometimes, it is a necessity. Many experienced counselors are available in the CAP around the clock by phone, chat and video and provide practical instructions as a tool for self-help.
- > **CAP as a solution to personal insecurities**
Fear during a pandemic is completely normal. The CAP allows issues and/or fears to be discussed at any time with no time limit. This also applies to everyone in the employee's household as these people have a significant impact on your employees working from home.
- > **CAP as a solution to internal doubts**
No pandemic goes on forever. We will come out the other side of it. A talk with the CAP experts can boost this outlook and optimism and allows your employees to concentrate on the current work.

The ICAS CAP Crisis Assistance Program includes:

- 24/7 counseling and support by phone or live chat for emotional or psychological issues
- Personal counseling (1-8 sessions) with a psychotherapist via a secured video connection
- Brochure in electronic format (PDF)
- Introductory video
- Anonymous final statistics about the use of the service

Price per employee € 18* for a fixed term of 6 months

ICAS CAP+ (optional extra to the offer above)

- Telephone support for practical and legal questions

Additional cost per employee € 16*

*All prices excl. sales tax